

A Community of Comfort and Care Where:

- ~ Christ Reigns Supreme
- ~ Worship Lifts the Spirit
- ~ The Bible Touches Hearts & Minds
 - ~ Serving Brings Meaning
 - ~ Relationships Change Lives

MONTHLY NEWSLETTER

OFFICE HOURS

Monday 7 am-4pm
Tuesday 7 am-4pm
Wednesday 7 am-4pm
Thursday 7 am-4 pm
Friday 8 am-12 pm



THREADS OF FAITH CRAFTERS GROUP

Welcome All Crafters!

Threads of Faith will meet again on <u>Saturday</u>, <u>June 2nd</u> from <u>12:00 p.m.</u> to 2:00 p.m. in Fox Hall. Come work on a project or learn a craft, pick up yarn or fabric, or stop by to drop off what you have made. All crafters are welcome, if you can make items we can donate locally or globally. Enjoy fellowship while you give to others. For more information, contact Caroline Cohen

(860-268-6837, cscohen45@gmail.com).

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TEAM LEADERS
JUNE 5th @ 6:30 PM
FOX HALL



"School's Out" ice cream social and game party **Sunday, June 10th after worship**.

Let's celebrate the beginning of summer with our youth with "a make your own ice cream bar" and different board game to play around Fox Hall. This is a fun new way to meet new people and get to know our youth! This is an intergenerational activity.

Weekly Reminders

Wednesdays

JUNE 2018

★ Adult Bible Study 7:00 PM

Thursdays

★ Choir Practice 7:00 PM

Sundays

★ Worship Service 10:30 AM



Monthly Reminders

- ★ Ladies Bookclub2nd Thursday @ 11:30 AM
- ★ Genealogy Club

2nd Monday @ 10:30 PM

★ Presbyterian Women's Luncheon

4th Thursday @ 12:00 PM



PASTORS CORNER

Dear Ones,

Recently, a number of you have come to me feeling confused and discouraged about the state of our nation and our world. Divisions seem to be intensifying. We are not sure how to sort truth from lies. Violence is so commonplace that even our feelings of shock and outrage are shallow and short lived. We don't know how to respond to the moral decay that we see, the injustice that is inescapable and the confusion that is rampant. Yet there is something in us that knows that we should 'do something.' We just don't know what. Our own losses and personal challenges seem like huge weights that can make walking through the day seem insurmountable. We know it is not supposed to be like this, but we just feel stuck. This stuckness can make it hard to see the blessings and consolations that God sends everyday. It is as if our gratitude lens gets fogged up and it is hard to keep things in perspective.

One of the things that often happens in times of disorientation and change is that our spiritual practice falters. We abandon the very things that can keep us centered, grounded, growing and grateful. We worship less regularly. We offer ourselves in service rarely. Our commitment to the community of faith comes way down the list after activities that we think will somehow be more fun or rewarding. In essence, we starve ourselves of that which can truly nourish us.

If you find yourself in that kind of state, it can be helpful to recommit to two things: weekly worship with the family of faith and a daily scripture and prayer practice. This practice can be very very simple and only needs to take a few minutes of your day. Toward that end I have prepared a daily verse and prayer for you for each day in the month of June. I hope this helps!

To use this practice, I suggest that you set aside about 5 minutes first thing in the morning and just before you turn out the lights in the evening. Start by trying to quiet your mind. If you are filled with worries or tasks that have to be accomplished, just make a list of them on paper and put them aside for a moment. They will wait for you. Breathe in and out deeply for several full breathes. Thank God for the miracle of breathing! Then read over the verse for the day. This is not Bible study, so don't worry about figuring it out or the deep meaning of the verse right now. This is a time for opening yourself to allow God to address vou personally in the ancient

sacred words. Read the verse over slowly three or four times. You might want to do this aloud. Then pray the short prayer. If you feel moved to continue praying for your needs or the needs of others, wonderful. Go for it. If not, what you have done is enough and God will richly bless you through this small practice.

Will you try this for the month of June? Recommit to worship and a small daily spiritual practice. It will reorient your life and open channels of grace and gratitude that will astonish you!

Yours in Christ,

Pastor Eugenia

June 1: Mark 5:14b-15a "Then people came to see what it was that had happened. They came to Jesus and saw the demoniac sitting there, clothed and in his right mind."

Dear God, sometimes I feel like I am running like a lunatic among the tombs of my life. Help me to turn to you for focus and healing. Center & calm me so that I can live with joy. Amen.

June 2: Psalm 104:10 "You (God) make springs gush forth in the valleys; they flow between the hills.

Dear God, where I live the hills are already becoming brown and dry. Remind me in the long summer that you are my supreme source, all I need and all I want. Amen.

June 3: Mat. 22:18-19a "But Jesus, aware of their malice, said, 'Why are you putting me to the test, you hypocrites? Show me the coin used for the tax."

Dear God, sometimes I put you to the test just like those who confronted Jesus. "If you love me, do this, don't do that." Forgive me and teach me to trust. Amen.

June 4: Eph. 3:12 "In him and through faith in him we may approach God with freedom and confidence."

Dear God, the gift of Jesus gives me a status I can barely comprehend. In him you invite me into your presence and fill me with wonder. Thank you. Amen.

June 5: "Happy is the nation whose God is the Lord, the people whom he has chosen as his heritage."

Dear God, we have not been a very happy nation these last months, or years. Root us in you again. When times are hard remind us that our joy rests in you alone. Amen.

June 6: Psalm 100:3 "Know that the Lord is God. It is he that made us, and we are his; we are his people, and the sheep of his pasture."

Dear God, thank you for my life! You formed me so tenderly and care-fully. You nourish me in everyway. I am safe with you in all I do. Praise to your holy name. Amen.

June 7: 1 Tim. 6:18 "They are to do good, to be rich in good works, generous, and ready to share."

Dear God, help me today to live with a generous spirit and an open heart. Amen.

June 8: 2 Cor. 2:15-16a "For we are the aroma of Christ to God among those who are being saved and among those who are perishing, to the one a fragrance from death to death, to the other a fragrance from life to life."

Dear God, how amazing it is that we are a sweet smell to you, like roses in a summer garden. When you think of us you smile. Thank you for your love and grace. Amen.

June 9: Psalm 77:1-2a "I cry aloud to God, aloud to God, that he may hear me. In the day of my trouble I see the Lord."

Dear God, I call out to you today from the depth of my need. I thank you that you hear me and that you move swiftly to comfort. Help me, and help me to trust. Amen.

June 10: Luke 6:21 "Blessed are you who are hungry now, for you will be filled. Blessed are you who weep now, for you will laugh."

Dear God, help me to remember today that this, too, shall pass. Amen.

June 11: Mat. 28:2 "Suddenly there was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it."

Dear God, your grace quakes through me today. Your messengers and messages of love are everywhere. Open me to see you and follow you. Amen.

June 12: 1 Sam. 17:45 "David said to the Philistine, 'You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts...who you have defied."

Dear God, help me to live my life in your name. Only then can I face the powers that be with confidence and power. Amen.

June 13: Luke 5:13a "Then Jesus stretched out his hand, touched him, and said, 'I do choose. Be made clean."

Dear God, thank you that you choose my healing and wholeness no matter what my circumstances are. Help me to trust that you are working for my good. Amen.

June 14: James 1:5 "If any of you is lacking in wisdom, ask God, who gives to all generously and ungrudgingly, and it will be given you."

Dear God, give me wisdom! Show me your ways and guide me in your paths. Amen.

June 15: Mark 4:26-27 "Jesus also said, 'The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how."

Dear God, even in my sleep you are working for my good. Thank you for your kindness and your promises. Amen.

June 16: Mark 11:15a "On reaching Jerusalem, Jesus entered the temple area and began driving out those who were buying and selling there."

Dear God, give me the courage to conform my life to your values, even if it means going against my habits or the customs of the world. Amen.

June 17: Palm 88:2 "Let my prayer come before you; incline your ear to my cry."

Dear God, today I pour out my whole heart to you...all that I know of it. I am an open book to you. Read me with tender care. Amen.

June 18: Psalm 104:27-28 "These (your creatures) all look to you to give them their food in due season; when you give to them, they gather it up; when you open your hand, they are filled with good things."

Dear God, thank you for your providential care for me today. I will rest knowing that you are in charge. Amen.

June 19: 2 Cor. 7:10 "For godly grief produces a repentance that leads to salvation and brings no regret, but worldly grief produces death."

Dear God, I am sorry for all the ways that I have failed you. Thank you for pointing them out to me so that I can grow closer to you. Amen.

June 20: Neh. 8:10 "Do not be grieved, for the joy of the Lord is your strength."

Dear God, today is a day for rejoicing! When I think of your creatures, when I ponder your majesty, my heart is full of joy and my strength grows more and more. Amen.

June 21: Gen. 9:16 "When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth."

Dear God, I once saw a double rainbow and was moved to tears. Help me today to remember the bounty of your covenant promises and rejoice. Amen.

June 22: Mat. 19:14 "Jesus said, "Let the little children come to me, and do not stop them; for it is to such as these that the kingdom of heaven belongs."

Dear God, open my eyes to ways that I can love your children of all ages today. Use me to help them come to you. Amen. **June 23**: Prov. 18:24 "Some friends play at friendship but a true friend sticks closer than one's nearest kin."

Dear God, thank you for the friends who have been your gift to me. I name them before you now and ask your blessing on each one. Amen.

June 24: Psalm 89:1 "I will sing of your steadfast love, O Lord, forever; with my mouth I will proclaim your faithfulness to all generations."

Dear God, your constant love is the central thread of my life. It holds me together, shapes and fashions me. Help me to love as you have loved me. Amen.

June 25: Luke 13:34b "How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing!"

Dear God, as your son lamented over the pain and willfulness of Jerusalem, turn my heart toward those in need. Help me to help in your name. Amen.

June 26: Prov. 31: 11-12 "The heart of her husband trusts in her; and he will have no lack of gain. She does him good, and not harm, all the days of her life."

Dear God, help me to be a person that looks to the good of others and finds ways to make their lives a little better. Amen.

June 27: John 13:14 "So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet."

Dear God, sometimes I can hardly take care of myself and barely have the energy to make it through the day. Even so I long to serve. Help find a way. Amen.

June 28: Psalm 104:24 "O Lord, how manifold are your works! In wisdom you have made them all; the earth is full of your creatures."

Dear God, I once saw a leafy sea dragon in an aquarium. It looked like a seahorse fairy. How did you think of that? You are awesome beyond words! Amen.

June 29: Psalm 145:8-9 "The Lord is gracious and merciful, slow to anger and abounding in steadfast love. The Lord is good to all, and his compassion is over all that he has made."

Dear God your compassion for me is so much greater than my compassion toward myself. Help me to treat myself as you treat me so that I can treat others better too. Amen.

June 30: Gn. 11:9 "Therefore it was called Babel, because there the Lord confused the language of all the earth; and from there the Lord scattered them abroad over the face of the earth."

Dear God, sometimes I don't understand anybody or anything. It was ever thus. Un-scatter us, O God, bring your people together again. Amen.



Wednesday, June 13 8:00 AM Tanner Jacks, AG Mesa



June 14 11:30 am – Fox Hall

June 14: When Breath Becomes Air by Paul Kalanithi (Non-Fiction)

At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When **Breath Becomes** Air chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what,

given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality.

What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir.

Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When Breath Becomes Air is an unforgettable, life-affirming

reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

July 12: Threading My Prayer Rug by Sabeeha Rehman (Non-Fiction)

ALL WOMEN are invited to join our Ladies Book Club. We meet in Fox Hall, at church at 11:30 am, the 2nd Thursday of the month. Bring your lunch! YOU ARE FREE TO JOIN US FOR ONE OR MORE OF OUR MEETINGS. Copies of our entire reading list are available on the church library shelf. If you haven't come before, please give your email address to Cathy Brady (cathy.brady@gmail.com) so we can update you on any changes to the schedule.



Wednesday Night Bible Study 7 p.m. each week in Fox Hall

CELEBRATION LUNCHEON!

Eugenia's 10 Year Anniversary at NCPC Sunday, June 3rd ~ 12 Noon



NO CHARGE ~EVERYONE IS INVITED Reservations requested for chair count

Menu
Roasted chicken
Potatoes
Green beans
Fruit salad (no bananas!)
Corn Bread Muffins

Please RSVP by calling or emailing the church office. (805) 473-8059 or nipomopres@att.net



Presbyterian Women Thursday, June 28th @ 11:30 AM Lunch at Las Cazuelas, Nipomo



Field Trip to the Dana Adobe Cultural Center

Lunch will be 11:30 AM at Las Cazuelas restaurant at 131 W. Dana Street, Nipomo. Cost is \$5.

After lunch, come tour the new Dana Adobe Cultural Center. It will showcase a SLOPE exhibit of "Art at the Dana Adobe". A guided tour of the 1840 adobe will also be included for those who have never seen this special home in Nipomo.

ALL WOMEN of the church and their friends are welcome to attend Presbyterian Women (PW) meetings and are encouraged to take part in the activities aimed at strengthening our faith. Please join us!

Jun 2018 (Pacific Time) nipomopres@att.net, Holidays in United States

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9:45am - Choir Practice @	Memorial Day 8:30am - Watercolor Painting		7pm - Adult Bible Study @	6pm - Inquirer Class & Dinner @	9:30am - Bread Packaging @ 10am - People's Kitchen Food	10am - Worship Team Meeting
12:15pm - Local Missions Team				7pm - Choir Practice ®		
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9:45am - Choir Practice @ 10:30am - Worship/Childrens & 12pm - Eugenia's Anniversary 12pm - Healing & Wholeness 5:30pm - SLO Jam	8:30am - Watercolor Group	6:30pm - Team Leader Meeting	7 pm - Adult Bible Study @	6:30pm - Private Group @ Fox 7pm - Choir Practice @	9:30am - Bread Packaging @	
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9:45am - Choir Practice @	10:30am - Genealogy Group @		8 am - Men's Breakfast @ Tanner	11:30am - Ladies Book Club @	9:30am - Bread Packaging @	
10:30am - Worship/Childrens & 12pm - Ice Cream Social -		O.	7 pm - Adult Bible Study @	1:15pm - PWCT Meeting @ Fox 6:30pm - Private Group @ Fox 7pm - Choir Practice @	7pm - St. Petersburg Men's	6
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	VISION DEADLINE	4:30pm - Deacon's Meeting @ 6:45pm - Session @ Fox Hall	7 pm - Adult Bible Study @	6:30pm - Private Group @ Fox 7 pm - Choir Practice @	9:30am - Bread Packaging @	
24	25	26	27	28	59	30
9:45am - Choir Practice @ 10:30am - Worship/Childrens & 12:15pm - Local Missions Team			7pm - Adult Bible Study @	12pm - PW Luncheon @ Fox Hall 6:30pm - Private Group @ Fox 7pm - Choir Practice @	9:30am - Bread Packaging @	
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Please visit www.nipomopresbyterian.org for a full description

Nipomo Community Presbyterian Church

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1235 North Thompson Road~Arroyo Grande

Phone (805) 473-8059. Email: nipomopres@att.net Mailing Address: PO Box 158~ Nipomo CA 93444

Location: Fox Hall

Threads of Faith Crafters

Location: Fox Hall Mne 3rd, 2018 from 12:00 PM to 2:00 PM

Celebration Luncheon

Location: Fox Hall June 5th, 2018 from 6:30 PM to 7:30 PM

Team Leaders Round Table

Location: Fox Hall June 10th, 2018 from 12:00 PM to 2:00 PM

Ice Cream Social "Schools Out" Intergenerational

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Location: Tanner Jacks, AG Mesa

Men's Breakfast

Mq 08:8 of Mq 00:7 monf 8102, df21 anul

St. Petersburg Men's Ensemble Location: Sanctuary

Mne 28th, 2018 from 12:00 PM to 2:00 PM

Presbyterian Women's Luncheon Location: Fox Hall

For a full color version of "the Vision" visit nipomopresbyterian.org

